



Exercise 6: Job Values Inventory

This exercise helps you identify which job qualities you value most.

Rank the items below from 1 to 13 with 1 being most important and 13 the least important. Once you begin exploring job possibilities, focus only on jobs that meet your highest ranked values.

- Good salary
- Good benefits (insurance, retirement, etc.)
- Job security
- Work hours that meet your needs
- Satisfactory location
- Compatible coworkers, supervisors, customers
- Opportunity to learn and develop skills
- Challenging and satisfying work
- Good working conditions / environment
- Like / believe in what the organization does
- Chance for promotion / advancement
- Prestige and respect
- Travel

Adapted from Inservice Model for Strengthening Secondary Teachers Skills in Career Counseling, East Texas University

Exercise 6: Job Values Inventory Wrap-up/Interpretation

The importance “job values” can have on your employment happiness cannot be emphasized too much. The top five values you listed can be a starting point when conducting job searches, informational interviews, and when networking. Those values can be a reminder of the type of job you are looking for because they are important and meaningful to you.

