

## How to Explore the World of Work

Beginning to explore the opportunities in the vast world of work can be done in a variety of ways. The following pages will provide some detailed examples on how you can complete this task. You'll be glad to learn there is not one "correct" way to do it. How you begin depends on what you know or don't know.

Start your exploration of the world of work by looking back at Exercise 5 in this Guide. Using the Holland two or three code assessment tool, look at the list of jobs that you feel best suits you. Pick a few of the jobs that sound most interesting as a starting point.

Now that you know what job or work industry you are going to investigate, you can complete various tasks, and explore many resources available to you.

- Informational interviews
- Job shadowing
- Connecting/networking
- Library/online research
- School career center
- Newspaper business section
- Business journals

You may want to invest more time in exploring and experiencing work industries by taking advantage of one of the following:

- Internships
- Volunteer work
- Part-time or temporary work

Regardless of where you begin, as you explore, always keep in mind YOUR skills, interests, hobbies, values, and personality preferences.

**Helpful Hint:** *Are the jobs you're investigating a match for your talents and interests? Get feedback, especially from people working in those jobs, and from people who know you well and who can help you evaluate potential matches objectively.*

