

Where to Explore the World of Work

The following section offers a variety of places where you can go to get help with your world of work exploration.

California One-Stop Career Centers

California One-Stop Career Centers are located in virtually every community in California. At these centers job and career seekers can find:

- job search resources
- career development information
- labor market information
- education and training program information
- unemployment benefits (in some cases)
- seminars on topics such as interview preparation, résumé writing, skills analysis for career transition, networking, “hot jobs,” and local labor market trends
- the space for you to work independently or with staff assistance

Some California One-Stop Career Centers’ resource rooms are equipped with fax machines and computers that provide access to software programs, links to Internet resources, career development materials, information about training programs, training providers, and job listings. Your community may even have access to a mobile One-Stop.

The One-Stop Career Center staff is dedicated to helping you overcome any barriers to employment that you may have. Best of all, their services are usually free.

To find your closest California One-Stop Career Center, visit California WorkNet-One-Stop Career Center System: www.edd.ca.gov/one-stop/pic.htm. The website also has plenty of helpful information for career seekers and includes links to resources that can make your job search a success.

California Community Colleges

Your local community college provides counselors who are professionally trained to assist students in educational planning, career decisions, and personal development. In addition, most community colleges have computerized guidance systems, occupational information, job search assistance, and career planning courses available to all students. While using these services, students can develop the skills necessary for future career investigation and decision-making. These services are designed to inform and assist students in making appropriate and satisfying career choices.

To find a listing of community colleges located throughout California, visit <http://www.cccco.edu/tabid/832/Default.aspx>.



Where to Explore the World of Work (continued)

Public Libraries

Your local public library has a wealth of career-related information, including job-hunting books, publications about specific companies, and staff trained to help you conduct research on any topic.

To locate California Public Libraries near you, visit <http://www.publiclibraries.com/california.htm>

Professional Career Counselor Services

Career development can sometimes seem like a lonely business but the truth is that you're not alone. Beyond your support network, there are plenty of professionals whose business it is to assist you in your career development. Use them! Their expertise and support will help bring you out of isolation and motivate you on your search. You can find professional career counselors in your area listed in the yellow pages. You can also find career counselors listed on the Internet website for The California Registry of Professional Counselors and Paraprofessionals at <http://www.california-registry.org>.

School Career Centers

Ask your school counselor about resources that are available to you on your campus. You may find resources in the counselor's office or in a career guidance center to help you prepare for your future education and training.

Work Experience Programs

The high school and community college Work Experience Education program can help you choose a career path wisely, prepare you for full-time employment, and learn how to work in ways that are successful and rewarding to you. Students who participate in the Work Experience Education program link their academic studies to the world of work, and develop skills, habits, and attitudes conducive to job success and personal growth.

